

## Learn To Ride Sessions - RECEPTION

Dear Parent/Carer

As part of our continued commitment to being a Bike it School we would like children in **Blossomfield Infant School** to take part in our really exciting ‘learn to ride’ sessions. These will take place on the **6<sup>th</sup> and 7<sup>th</sup> of March** and be run by our highly experienced Switch Solihull team. These sessions are free to you (funded by the council).

Balance bikes are far better for your child than a bike with stabilisers. Balance bikes teach your child to balance before introducing pedals, whereas a child who has been used to stabilisers will find it more difficult to balance once these stabilisers are taken off. Your child will take part in a series of fun activities designed to improve their motor skills and set them up for riding a bike without stabilizers. After a child has learnt how to balance well on a balance bike they are ready for a bike with pedals and will find it easier than a child who has had stabilisers.

**All bikes and helmets will be provided.**

Please complete the reply slip below and return it to **the school office** by **Thursday 16 February**. If you have any queries please see your child’s class teacher or if you have any questions then please contact Rita Lami – 0121 704 8359 rita.lami@solihull.gov.uk

Kind Regards,

Rita Lami  
Assistant Sustainable Travel Officer.

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**Learn to Ride Sessions – Reception – March 2017**

<b>Parent’s or Guardian’s consent form for <a href="#">Switch Solihull School</a> event:</b>	
Your child’s full name:	
Class:	
Name of event:	Learn to Ride
Date of event:	
Details of any medical conditions:	
I give consent to my child’s photograph being used for Sustrans or Switch Solihull publicity including website, Facebook and printed material. Yes [ ] No [ ]	
Parent’s, carer or guardian’s signature:	
Please return this completed form to <b>the school office</b> by <b>Thursday 16 February</b> .	