



BLOSSOMFIELD  
— Infant School —

11 October 2017

Dear Parents/Carers

### YEAR 1 - 50 THINGS

As part of the Healthy Living aspect of Eco Schools we are sending every child in Year 1 home with a '50 Things To Do Before You're 11  $\frac{3}{4}$ ' booklet, kindly donated to us by various National Trust properties in England and Wales (some of the booklets are in both English and Welsh!)

These booklets contain lots of fun things for the children to do; they are designed to keep the children fit and healthy by getting outdoors and being active. Although they are produced by the National Trust, you don't need to complete the activities at a National Trust property; you can do them anywhere!

The children can have the activities signed off in the booklets as they complete them, or if they prefer, they can use the booklets as a stimulus and produce their own scrapbook of activities with drawings, photos etc to show what they have been doing.

We will collect the booklets/scrapbooks during next term to see how the children are getting on and to share their adventures with their friends. There will be a small prize for each child who has successfully completed a number of the activities. The booklets will then be returned to the children to enable them to continue their '50 Things' journey.

Yours sincerely

Mrs A Adams