



Highway services
5th floor council house
Solihull Met Borough council
Manor Square
Solihull
B91 3QB
Email: alice.l.swift@sustrans.org.uk
Tel. 07825046069
Twitter: @Switchsolihull
www.facebook.com/switch.solihull

Balance Bike Sessions

Dear Parent/Carer,

As part of our continued commitment to being a Bike it School we would like children in **Blossomfield Infant School** to take part in a set of really exciting balance bike sessions. These will take place during the 7th and 8th November and be run by our highly experienced Switch Solihull team. These sessions are free to you (funded by the council).

Balance bikes are far better for your child than a bike with stabilisers. Balance bikes teach your child to balance before introducing pedals, whereas a child who has been used to stabilisers will find it more difficult to balance once these stabilisers are taken off. Your child will take part in a series of fun activities designed to improve their motor skills and set them up for riding a bike without stabilizers. After a child has learnt how to balance well on a balance bike they are ready for a bike with pedals and will find it easier than a child who has had stabilisers.

All bikes and helmets will be provided.

Please complete the reply slip below and return it to Mrs Mason by **Friday 4th November**
If you have any queries please see **Mrs Mason** or if you have any questions then please contact **Joshua Jones 07940728700 joshua.jones@sustrans.org.uk**

Kind Regards,

Joshua Jones
Switch Solihull Schools Project Officer, Solihull

Parent's or Guardian's consent form for Switch Solihull School event:	
Your child's full name:	
Class:	
Name of event:	Bike Balance Sessions
Date of event:	7 th and 8 th November 2016
Details of any medical conditions:	
I give consent to my child's photograph being used for Sustrans or Switch Solihull publicity including website, Facebook and printed material. Yes [] No []	
Parent's, carer or guardian's signature:	
Please return this completed form to your class teacher by 4th November.	